



District 19C NEWSLETTER



DG Rick Drury

"Quest for Miracles through Service"

January 2012

District Governor

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↘ District Website ↙
www.md19clions.org

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DISTRICT GOVERNOR'S MESSAGE

Hopefully, everyone had a great holiday season. With that in mind, I want to thank the Silverdale Sunrise Lions Club for inviting me to be Santa on the 22nd of December. It was a great experience that proved there is no age limit when it comes to the inner child. This was proven by one grandmother who wanted her picture taken with her grandson and his wife. As we prepared to take the picture she told me that she was 91 years old and that it was the first time she had ever had her picture taken with Santa. The point here is that sometimes we take for granted small things that may bring joy to someone else.

Speaking of actions that bring joy and relief to many individuals through your donations, I would like to address three such organizations with ties to Lions and ask that you support each this year with your donations. They are:

Lions Club International Foundation (LCIF) supports and develops programs that serve people around the world. This happens through four programs that are focused on preserving sight, serving youth, providing disaster relief, and humanitarian efforts. Examples of the success of these programs range from 30 million people who have improved or restored vision; 12 million young people who have benefitted from the Lions Quest program; providing food, water and shelter with funds from LCIF and construction of homes for the disabled; vision screening for Special Olympics athletes and combating measles.

Cooperative for Assistance & Relief Everywhere (CARE) is a leading humanitarian organization fighting global poverty. MD19's 2011-2012 CARE project involves the reduction of maternal and infant mortality during birthing in the village of Cayambe in rural Ecuador. Last year MD19 raised \$38,824 for the 2010-2011 project. The MD19 goal for this year's project is \$40,000. To achieve this it is asked that each club donate. The goal would be \$5.00 per member in the club.

Cont. on Page 2

DG Rick (cont.)

Project New Hope which started as a 19C project last year has now grown into a Multiple District project. However, clubs within 19C are asked to continue your support for the project through your donations. It is being asked that each club donate \$240 to support the retreats that are held three times during the year to help the members of our local military communities.

Thank you for what you do, and thank you in advance for your support of these three very important organizations.

1VDG Dave's Dispatch

Happy New Year!

If you're like me, the holiday season was an exciting diversion from the daily grind. As the new year begins I've got to get busy assembling a cabinet to represent our district in the next Lions year. My outlook is to retain continuity while encouraging all current cabinet members to let me know who they are mentoring to take over their positions. Some current members will stay on the cabinet, but all should be mentoring a replacement. I'd suggest that to keep our organization fresh that we need to rotate positions and, most importantly, people every two to three years.

There isn't any way for me to make all of the personal connections to know who might be right for a job, so I'm seeking advice from anyone who'd like to share it. Who in your club would make a great chairman? Who in your club has a vision for a cause? Who in your club can create excitement and get people involved? Who in your club would make the next great leader of our district? We'll need each of these types of people to volunteer to keep our district the brightest beacon of hope for our communities.

2VDG Marilyn's Memo

"Here's to the bright
New Year,
And a fond farewell to
the old;
Here's to the things that
are yet to come,
And to the memories
that we hold."



Wishing Everyone a
Healthy and Safe 2012

POPULAR CONTESTS WITHIN OUR DISTRICT

The **23rd Annual Puget Sound Youth Exchange Essay Contest** had 11 entries this year, from 6 schools. The winner receives an all-expense-paid trip to the country of their choice, for 4 to 6 weeks.

The **Lions International Peace Poster Contest** is currently underway. The District 19C winner was Kyle Burke from Ridgeline Middle School in Yelm. His poster was submitted for the next judging level at Multiple District 19. Good luck, Kyle! *(not that this editor is at all biased)*

The **Lions International Environmental Photo Contest** received 25 entries from 10 Lions in District 19C. Judging will be held on Jan. 12th, and the winning photo will be submitted to MD-19 for the next level of competition.

HELPFUL HINTS FROM THE CLUB SUPPORT TEAM

Club Leadership Basics

Bill Ellis, 19C Leadership Development

Leaders use the basics, but it takes practice to understand that they must be practiced all the time. The best club leaders are those that do the basics all the time. When they are an officer of the club or a follower in the club, they do the basics. Strong clubs are those that members see and do the basics all the time. There is no course or magic that guarantees. Going to the Lions Leadership Institute, Leadership 101, officer training, or anything else; we must use those skills that are basic and effective.

John C. Maxwell gives two basic leadership ideas:

“People don’t care how much you know until they know how much you care.”

“Leadership is the ability to positively influence behavior of others.”

Characteristics of good club meetings:

- | | | |
|-------------------------------|--------------------------|---|
| 1. Adequate meeting place | 4. Unusual tail-twisting | 7. Separate Board meetings |
| 2. Good meals at a fair price | 5. Printed agendas | 8. Programs or speakers at all general meetings |
| 3. Proper greeters, fun | 6. Start and end on time | |

Club Officer Duties:

Club Secretary keeps good records, orders the awards that each Lions member has earned

- All Monthly Membership Reports e-filed to Lions International by last day of month.
- Reports of Visitations, Activities and Donations e-filed to MD-19 by last day of month.
- International dues and MD-19 dues are paid within 30 days of receipt.
- The secretary to receive all funds, record in minutes, give to treasurer for handling.

Club Treasurer

- Notify all members of dues.
- Pay all bills included in club budget approved by Board of Directors.
- No bills paid without receipts of payments or billed by outsiders.
- Funds earned from the public cannot be used for Lions administration.
- Written reports of expenses and income in separate categories for the administration fund and the activities fund made available to the Board of Directors monthly.
- All expenses outside of approved annual budget needs to be approved by the club.

Member Communication:

- | | |
|---------------------------------|---------------------------------|
| 1. Newsletter to all members | 3. Absent members are contacted |
| 2. Formal notifications of dues | 4. Informed of all activities |

Membership:

- Membership of less than ten paid members, or Lions International may shut down the club.
- All members encouraged to participate in club activities, committees, projects and fund raising.
- All members must be allowed to express their thoughts and offer fresh, new ideas.
- Club stability is obtained from ongoing recruitment, orientation, and involvement.

I find that a surprisingly high percentage of clubs do not put into practice these basics. What do you think?

CLUB SUPPORT TEAM – WHO TO CONTACT

Leadership: PDG Bill Ellis 253-925-5865 lionellis@aol.com	Training: PZC Ron Smircich 360-491-6427 rsmircich@msn.com	Service: Sharon Sikes 360-412-0225 Sharon.sikes@DoGreatThings.net
Membership: Jack Ford 360-456-4078 lynjac@att.net	Extension: PZC Bill Zidel 360-790-7398 zidelrcsd@aol.com	Retention: PZC John Budzak, Jr. 253-848-2353 Warbuff60@comcast.net

UPCOMING EVENTS

Districts B-C-G Club Support Team Halftime Meeting Fri - Sat, Jan. 13-14

C-3 Zone Meeting
Tuesday, Jan. 17, 7pm
Old Country Buffet, Federal Way

C-6 Zone Meeting
Tuesday, Jan. 31 (note date change)
6:00 pm Social 6:30 pm Dinner
Indian Summer Golf & Country Club
5900 Troon Lane, Olympia
\$12 for spaghetti dinner
RSVP: Fran Harder
gharder@comcast.net

C-5 Zone Meeting
Sunday, Feb. 5, 9:00 AM
Orting Lions Clubhouse

C-4 Zone Meeting
Monday, Feb. 13, 6:30 pm
Kitsap Way Family Pancake House
Hosted by Bremerton Central Lions Club

C-2 Zone Meeting
Friday, Feb. 17
Hosted by Olympia Capitol City
& Olympia West Lions Clubs

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Time is running out to register!



NW Lions Leadership Institute
February 9-12, 2012
Wesley Inn, Gig Harbor
"Right in our own backyard!"

This is great training for all Lions, but especially helpful for 1st Vice Presidents, Membership and Leadership Chairs, and those running for Zone Chair next year.

Registration: PDG John Bergvall
johnbergvall@comcast.net

Info: www.nwlionsleadershipinstitute.org

CLUB ACTIVITIES

EATONVILLE DAY BREAK LIONS CLUB
10th Charter Anniversary
Saturday, January 21
6pm Social 7pm Dinner
Lions Hall, 123 Rainier Ave in Eatonville
No Cost – Bring a dish for the potluck dinner
Bring a "birthday gift" for the raffle & auction
Please RSVP: Jackie Hollingsworth
360-832-2416 or jhollingsworth6@yahoo.com

FIFE LIONS CLUB
56th Annual Ham Dinner
Sunday, January 29
Noon – 5pm
Fife High School Cafeteria
Adults \$12, Children \$6, 5& under Free
Featuring ham with all the trimmings, and finishing with a strawberry sundae
Info: Frank Mizukami, fymizukami@juno.com

LIONS MASQUERADE BALL & AUCTION
Saturday, Feb. 25th, 7:00 pm
Port Orchard Pavilion, 701 Bay St
\$25/person includes buffet dinner, dance band, silent auction & live auction of hand-painted, celebrity-signed ceramic piggy lion banks!
Proceeds go directly to Project New Hope
Tickets/Info: Frances Freeland, 360-271-1625
ZC Mike Peterson, 360-698-0369

LACEY SUNRISE LIONS CLUB
Pancake Breakfast & Car Show
Saturday, March 17, 7-11 am
N. Thurston High School, in Lacey
Adults \$7 Children \$4 (12 & under)
Info: Donna Fincke, donnafincke@q.com

TACOMA SE LIONS CLUB
25th Annual Potato Bake
Saturday, March 24th, 1-5 pm
AMVETS Building, 5717 S Tyler St, Tacoma
Ham, Baked Potato & all the fixings
Then top it off with Strawberry Shortcake
Door prize and raffles All for only \$10.00
Info: Frank Pearce
(253) 840-3533 (H) or (253) 906-1445 (C)

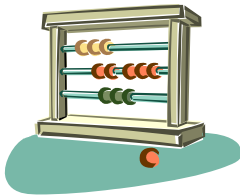
**Check out the District website for flyers
on these and other club events**
www.md19clions.org



7 NEW MEMBERS!

Club	New Member	Sponsor
Federal Way	Jennifer McCurdy	Bob Darrigan
Gig Harbor	Joseph Howl	Bonnie Manning
Gig Harbor	Lauren Howl	Van Manning
Olympia Host	Sharon Hunt	Violet Hofman
Olympia Host	Sara Williams	Violet Hofman
Puyallup	Richard Adamson	Ed Woodiwiss
Yelm	Heidi Bunker	Andy Wolf

In Memoriam	
<u>Name</u>	<u>Club</u>
Robert Smith	Bremerton Chief Kitsap



BY THE NUMBERS
District Membership as of July 1, 2011: 1625 Total Members
District Membership as of Dec. 31, 2011: 1558 Total Members

Lions Quest is Helping Military Families Achieve Wellness

Deployed soldiers face daunting challenges daily. So do their children back home. Research shows that children with a deployed parent consistently demonstrate higher levels of emotional difficulties and symptoms of anxiety that don't abate after the deployed parent returns. School-aged children often show decline in academic performance and increase in depression and behavioral problems in response to the emotional stress. Nearly two million military children have been affected by deployments to Iraq and Afghanistan.

The U.S. Army's Child, Adolescent & Family Behavioral Health Office (CAF-BHO) is piloting a school-based behavioral health program at Joint Base Lewis-McChord that utilizes evidenced-based curriculum such as Lions Quest. Lions Quest was recently designated as a ["promising" program by Penn State's Clearinghouse for Military Family Readiness](#), which is funded by the Department of Defense and the U.S. Department of Agriculture.

Lions Clubs International Foundation is honored to help military families achieve readiness, resiliency and wellness through Lions Quest.

For more information, please contact Cheryl Comsia at 253-840-0116 or tahoma@comsia.net.

DG Rick's Schedule (subject to change)

DATE	CLUB	TIME	ZONE
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JANUARY

1/10	University Place	5:45 pm	C-1
1/11	Puyallup	6:30 pm	C-3
1/12	Tacoma Downtown	5:30 pm	C-1
1/18	Roy Community	7:00 pm	C-6
1/19	Mineral Lake	7:00 pm	C-5
1/24	Spanaway	7:00 pm	C-5
1/25	North Mason	7:00 pm	C-4
1/26	Silverdale Dandy	6:45 pm	C-4

FEBRUARY

2/2	Eatonville	7:00 pm	C-5
2/14	Lakewood Knights	6:00 pm	C-1
2/15	North Mason	7:00 pm	C-4
2/22	White River Valley	5:30 pm	C-3

UPDATES/CHANGES

The **Eatonville Day Break Lions** are now meeting on the 1st & 3rd Wednesdays at 7:30 am at the Eatonville Community Center, 305 Center St W, in Eatonville.

The **Federal Way Lions** have the following new website address:

www.federalwaylions.org



HAPPY BIRTHDAY

January 13th

Melvin Jones

Founder of Lions
Clubs International

Greetings from your District 19C Diabetes Chair Bonnie Manning, RN

As we begin 2012, many people make resolutions; a healthier body is usually one of them. Rather than thinking of it as a resolution, why not consider "a plan for a healthier future". We can reduce our blood pressure, lower our cholesterol and manage our weight by following some simple steps.

Exercise: Simply taking a daily walk. **Improved meal planning** by reducing dietary fats and refined sugars. That does not mean doing without, it just means limiting intake of those items and increasing the healthy carbohydrates, lean meats, fruits and vegetables, and reducing the amount of salt in the diet. All these steps will help prevent Diabetes.

Our Multiple District Diabetes Campaign this year is to canvass our neighborhoods by placing door knockers on each door in our neighborhoods. The door knockers will provide information on Diabetes and provide a self-screening set of questions to help people determine their Diabetes risk.

We need two things:

The first is to provide a donation of money from your club to assist in the purchase of these door knockers. The total cost is \$800 for 10,000 of them. **Your club donation of \$25 or more will go a long way toward meeting this financial goal.** Jan Weatherly will be ordering them, so please send your check (made out to "District 19C Lions") to her at 3029 Sleater Kinney Rd NE, Lacey, WA 98506.

The second part of this campaign is to have your club take on this very short campaign with us and participate by taking this information out in your neighborhoods and hang them on the doorknobs of your neighbors. How simple is that?

I am more than willing to present information on Diabetic topics to your club. Please contact me at 253-219-8094 or ladybug81843@yahoo.com

GOT NEWS? Send information for the newsletter to Editor Jacqueline Pratt at LionJ.Pratt@comcast.net

DEADLINE: 1st of the Month (but you don't have to wait until then!)



District 19-C 64th Spring Conference The Way We Were - Lions Night at the Prom



April 13th – 14th, 2012
LaQuinta Inn – Tacoma, WA
1425 East 27th, Tacoma WA (253) 383-0146

REGISTRATION FORM

(Please fill out one form for each person attending)

Name:		Club:		Zone:	C-__
<input type="checkbox"/> Lion <input type="checkbox"/> Leo <input type="checkbox"/> Guest <input type="checkbox"/> First Conference <input type="checkbox"/> Special Meal Request					
<u>Please Explain Special Meal Request:</u>					
Address:				Current Lions Position Held:	
City:		State/Province:		Zip/Postal Code:	
Phone:		E-Mail:			

	Price	Total \$
Registration (Separate sheet required for each attendee)	\$10.00	
Couples Registration Fee (attach separate form for 2 nd person)	\$15.00	
Friday Fun Night Without Food	\$5.00	
Friday Fun Night – with Food: (5:00 Social – 5:30 Dinner) Please Select Dinner Entrée:		
_____ Chicken Caesar Salad	18.25	
_____ Vegetable Stir Fry	24.50	
_____ Stuffed Pork Chops	27.25	
Saturday Lunch – Deli Sandwich with Potato Salad & fresh fruit (12:15 PM)	\$18.25	
Saturday Evening Dinner (6:00 PM Social 6:30 PM Dinner) Please Select Dinner Entrée:		
_____ Fettuccine Primavera	\$24.50	
_____ Alder Smoked Salmon	\$29.75	
_____ Roast Prime Rib of Beef	\$29.75	
TOTAL		

LaQuinta Inn Room Rates = \$105.00 per Night (includes the Continental Breakfast Buffet)

Reservations may be made by calling 253-383-0146 & identifying yourself as a member of the District "C" Lions Convention.

Please make checks payable to: **Lions District 19C**. Mail your check and Registration Form to:
2nd VDG Marilyn Danby, 4323 S Warner Street #A, Tacoma, WA 98409 or by e-mail to:
mdanby@comcast.net

Registrations must be received by: **March 30, 2012.**

Transaction Number (District Use) _____