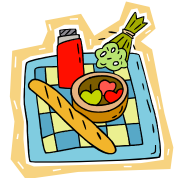




District 19C NEWSLETTER



DG Rick Drury *"Quest for Miracles through Service"* August 2011

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 Rick Drury
 253-740-8518
 PO Box 111402
 Tacoma, WA 98405
rdrury03@gmail.com

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 Dave Risley
 360-930-2751
 23989 Dove Lane NW
 Poulsbo, WA 98370-7112
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2nd Vice District Governor
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 253-208-4556
 4323 S Warner St, Apt A
 Tacoma, WA 98409
mdanby@comcast.net

Cabinet Secretary
 Judy Ann Bergvall
 360-491-1800
 4511 Sleater Kinney Rd NE
 Olympia, WA 98506
johnbergvall@comcast.net

DISTRICT GOVERNOR'S MESSAGE

Hard to believe that the month of July has come and gone and the International Convention is a past memory. Although, the excitement of being able to participate in such a grand undertaking is still present; the focus has changed to the District and the great things that the clubs are doing and planning to do. Many of you have your major fundraisers occurring over the next couple of months and are hard at work to make them as successful as they have always been. In addition, I know that you are also working hard at seeking out new members to help District 19 C grow and to bring new ideas and skills into your clubs. By doing so you will continue to strengthen the attitude of "My Club, My Family" and caring for each other and the members of your communities. Seek ways to conduct joint projects with other clubs within your Zone and the District.

With that in mind, last month I mentioned the President of Lions Clubs International, Wing-Kun Tam, had challenged each District Governor within Lions Clubs International to establish a goal for the number of trees the clubs within their District would plant in support of his Environmental Project. I established our goal at 1700 trees which equates to approximately 34 trees per club. I have asked the District's Environmental Chair, PDG Dave Pratt, to take on and oversee this project. (See note, Page 6) He will be providing additional information with regards to the requirements – especially those regarding the report that must be submitted to LCI to show that we are participating and planting trees. So I am asking each club to develop a plan as to how they can help meet this goal. I am looking forward to this being an outstanding District Project with the goal of 1700 not only being met but surpassed. (See related article, Page 5)

Speaking of District projects, I would like to make a special request that each club continue to financially support "Project New Hope". It has proven to be a very successful endeavor and has been receiving great praise from those who have participated in it. In fact an article appearing in the News Tribune on Sunday, July 17th, stated just that. What a great way for Lions to give back to the men and women who have served or are still serving in our military. The article also mentioned several fundraisers planned by "Project New Hope" (see Page 6 for details). If you would like to learn more about "Project New Hope" visit their website at www.projectnewhopewa.org. **Cont. on Page 2**

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What a difference a couple of years can make!



DG Rick (cont.)

Another project in the developmental stages within the District is being spearheaded by the Bonney Lake Lions Club. They are planning an event called "Lion Heart Walk for the Blind" which will occur over a four-month period beginning in June of 2012. Since it is still in the planning stage, more information will be provided as the details become available.

In closing, I ask that each of you continue to do the great things that you do within your communities and to seek out new opportunities to assist those in need. Thank you.

1VDG Dave's Dispatch

Hello all, the year is off to a quick start. Your "Club Support Team" has had its first meeting and is ready to serve you. Our District goals include not dropping more than 82 members (we've dropped 88 so far) and to add 244 new members to our family (plus six more to cover the extra drops).

Let's work hard to act like family, encourage, nurture, and care for one another. Dropping dues-paying members because you haven't seen them in a while is like telling Cousin Jim in the military that he's not part of the family because he's missed too many family barbecues. Let's be patient and tolerant and write or send cookies once in a while if you miss someone.

To better communicate, I've asked the Zone Chairs to each ensure that they have Membership and Leadership chairs who will be actively communicating with each club, to know what your needs are, and to let you know what the District is talking about.

I'm now asking you (yes you – each and every Lion) to ensure that your club has a knowledgeable, active Lion in the club Membership and Leadership roles. This is a perfect position for people who are longtime Lions willing to step back from some of the more energy intensive work and use their historical knowledge and wisdom to enhance and energize the rest of us.

Let's all be involved. I believe we are in for a great year.

2VDG Marilyn's Memo

Looks like summer is finally here! And what better way to enjoy the sun than taking in a baseball game, being with other Lions, and having your home team WIN!! There were about 70 Lions representing District "C" in attendance. We all "*Believed*" and cheered our Rainiers on to a WIN! It was also a proud moment when it came time for the group recognition on the reader board at Cheney Stadium that the Rainiers did not just put Lions or District "C" Lions up, instead they acknowledged every single club in attendance. I actually lost track of how many clubs were represented. *Thank You* Bonnie Manning, from Gig Harbor Lions, for setting up this fun event and *Congratulations* to Judy Ann Bergvall, from Lacey Sunrise Lions, for winning the Rainiers Gift Basket.

Almost all of the Club installations are completed and we need to make sure these new leaders get all the proper training. So if you are a new officer and you were not able to attend the Officer Training in Lacey last month, you have 2 more opportunities. I would encourage you to make the effort and attend one. Our Leadership Chair, Past District Governor Bill Ellis and the Training Chair Past Zone Chair Ron Smircich, have put together a great training program that is worth your time. If you are not able to attend the 2 upcoming trainings, please contact Past District Governor Bill Ellis and make arrangements to get the information.

Diabetes Awareness – A Note from Bonnie Manning, RN

As the Diabetes Awareness Chair again this year for District C, I will be encouraging clubs to participate in a Dimes for Diabetes Campaign as we did last year, and to continue to help increase awareness of this disease in your communities. Clubs can use your Dimes for Diabetes to sponsor a child with a scholarship and provide educational materials to community members.

I would be pleased to come to a meeting and present one of my new diabetes programs for your members. Please feel free to contact me at 253-219-8094 or ladybug81843@yahoo.com.

HELPFUL HINTS FROM THE CLUB SUPPORT TEAM

Effective Leaders Are Active Listeners
 Bill Ellis, 19C Leadership Development

The key trait of effective leaders and teams is being an active listener. Yet, few people are credited with being good listeners. Good listeners do not do multiple tasking, they listen.

There are five key elements of active listening. They all help you ensure that you hear the other person, and that the other person knows you are hearing what they are saying.

1. **Pay attention.**
 Give the speaker your undivided attention and acknowledge the message. Recognize that what is not said also speaks loudly.
2. **Show that you are listening.**
 Use your own body language and gestures to convey your attention.
3. **Provide feedback.**
 Our personal filters, assumptions, judgments, and beliefs can distort what we hear. As a listener, your role is to understand what is being said. This may require you to reflect what is being said and ask questions.
4. **Defer judgment.**
 Interrupting is a waste of time. It frustrates the speaker and limits full understanding of the message.
5. **Respond Appropriately.**
 Active listening is a model for respect and understanding. You are gaining information and perspective. You add nothing by attacking the speaker or otherwise putting him or her down.

Key Points

It takes a lot of concentration and determination to be an active listener. Old habits are hard to break, and if your listening habits are as bad as many people's are, then there's a lot of habit-breaking to do!

Be deliberate with your listening and remind yourself constantly that your goal is to truly hear what the other person is saying. Set aside all other thoughts and behaviors and concentrate on the message. Ask question, reflect, and paraphrase to ensure you understand the message. If you don't, then you'll find that what someone says to you and what you hear can be amazingly different!

Start using active listening today to become a better communicator and improve your relationships.

**** This article was condensed to fit the space: the unedited version is available on the District C website ****

CLUB SUPPORT TEAM – WHO TO CONTACT

Leadership: PDG Bill Ellis 253-925-5865 lionellis@aol.com	Extension: PZC Bill Zidel 360-790-7398 zidelrcsd@aol.com
Membership: Jack Ford 360-456-4078 lynjac@att.net	Retention: PZC John Budzak, Jr. 253-848-2353 Warbuff60@comcast.net
Training: PZC Ron Smircich 360-491-6427 rsmircich@msn.com	Service: Sharon Sikes 360-412-0225 Sharon.sikes@DoGreatThings.net

Club Officer Training

Monday, August 8, 5:30 - 8:30 pm
Tillicum American Lake Gardens, 14916
Washington Ave SW, Lakewood, WA 98498
Info: Bill Ellis, lionellis@aol.com
253-925-5865 or 253-370-2483

District 19C Cabinet Meeting

Thursday, Aug. 11, 6 pm
Tillicum American Lake Gardens
14916 Washington Ave SW, Lakewood
All Action – No Meal

C-4 Zone Meeting

Monday, Aug. 8, 6 pm
Family Pancake House
Hosted by Brem. – Chief Kitsap Lions Club

C-5 Zone Meeting

Saturday, Sept. 10
Social 6pm, Dinner 7pm
Eatonville Lions Clubhouse
123 Rainier Ave., Eatonville
\$15 for steak & shrimp dinner

C-3 Zone Meeting

Wednesday, Sept. 28
Branks Barbecue, Sumner
Hosted by White River Valley Lions

USA/Canada Lions Leadership Forum

September 22-24
Anchorage, Alaska



Information, registration form and schedule:
www.usacanadalionsforum.org



MD-19 Annual Convention

"Lions at the OK Corral"
October 13-15 in Yakima

Seminars, Tours, Speakers,
Contests & Awards

Registration form and all the details are at
www.lionsmd19.com/events/fallannual.pdf

CLUB ACTIVITIES

FEDERAL WAY LIONS CLUB 7th Annual Scholarship Car Show

Saturday, August 20
Federal Way Commons Mall
Info: Roger Hershey, 253-941-2715

RAINIER LIONS CLUB Bluegrass Pickin' Party

August 25-28
Wilkowski Park in Rainier (off Hwy 507)
Sat. Shows: 2-5 pm & 6-9 pm
Info: Art Runyan, 360-446-3269
artchar@fairpoint.net

WHITE RIVER VALLEY LIONS 3rd Annual Dinner, Dance & Auction

Saturday, August 27
Filipino American Comm. Center
103 6th Ave N, Algona
Tickets \$25 or \$40 a couple
Info: Leanne Guier, 206-290-7710

GIG HARBOR LIONS CLUB Low Vision Symposium

Saturday, September 17, 10 am - Noon
Cottesmore for Life
2909 14th Ave NW, Gig Harbor
Admission is Free!
Info: Pres. Bonnie Manning
vanbonmanning@comcast.net

TACOMA SE LIONS CLUB Soup Frenzy & Silent Auction

Saturday, October 8, 5-8 pm
South End Neighborhood Center
7802 South L St, Tacoma 98408
\$7 each, free for children 4 & under
7 pm Dessert Spree!
Info: Sheila Pearce, 253-906-6132

**Check out the District website for
flyers on these and other club events**
www.md19clions.org

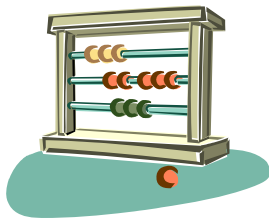


16 NEW MEMBERS

Club	New Member	Sponsor
Bonney Lake	Donald & Marjorie Stevenson Lara Wheeler	April Young Bruce Emig
Covington Gig Harbor Kent	Richard Qualey Alyne & Robert Gootkin, Jr. Charles Carston Kirk Nelson	Bonnie Manning Gwen Allen-Carston Douglas Mark Taylor George Robison
Key Peninsula Lakewood First	Chad Havrell Robert Allen Margaret Kraft	Diane Formoso Balarie McLeod
Lakewood Knights Mineral Lake	Rosalie M. Lewis Angela & Philip Genz Jeff Logan	Pam McMains Ed Brown
Port Orchard	Fred W. Tucker	John Campanelli

In Memoriam

<u>Name</u>	<u>Club</u>
Barton K. Morrison	Gig Harbor
Robert D. Wilson	Puyallup Valley



BY THE NUMBERS

District Membership as of July 1, 2011: 1625 Total Members
 District Membership as of Aug. 7, 2011: 1559 Total Members

“I Believe”...One Tree at a Time

LCI President Dr. Wing-Kun Tam has a vision for improving the world’s environment by planting trees, many trees, around the world in one year’s time. Dr. Tam’s presidential theme is “I Believe”. Therefore, *I Believe...One Tree at a Time* became the overall theme for a 2-day event at the LCI Convention in Seattle.

On July 1st, Dr. Tam participated in the dedication of a beautiful 18’ Western Red Cedar ‘Parent Tree’, at Seattle’s Discovery Park. On July 2nd, excitement was palpable at the Seattle Convention Center, as 1,750 dignitaries rushed to take their places in front of pristine tablecloth-covered tables laden with 800 Western Red Cedar seedlings, plastic pots, and bags of potting soil. Dr. Tam was about to kick off his 2011-2012 environmental campaign, encouraging Lion members around the world to plant 1 million trees in one year’s time.

Dr. Tam raised a golden shovel and tamped rich potting soil around a beautiful 8’ Western Red Cedar ‘ceremonial tree’, and the noise level grew to a din as Lion District Governors Elect from 206 nations engaged in this hands-on opportunity for service. These same Lions were later asked to pledge the number of trees the Lion members in their home areas would be willing to purchase and plant during the year-long campaign.

The newly planted/potted 800 cedar seedlings and ‘ceremonial tree’ were then transported to Puyallup’s Pierce Stream Team Office to receive nurturing care throughout the summer and early fall. On October 1st, 400 of the young trees will be out-planted in Puyallup at Silver Creek, and the remaining 400 trees and ‘ceremonial tree’ will be out-planted at Discovery Park to form the Lions 2011 Western Red Cedar Grove.

Lions co-chairpersons John Bergvall and Rosemary Richert sincerely thank the Pierce County Stream Team and Seattle Discovery Park staff for their wonderful help and support in ensuring the success of this project.

And, by the way...if you are interested in the total number of trees pledged so far...that number is now more than 4 million! During the coming year, as you breathe our treasured Pacific NW fresh air, know that people around the world will breathe better because of the thoughtfulness and generosity of Lions who are exhibiting that they believe in caring for their neighbors throughout the world...’one tree at a time’.

DG Rick's Schedule



A Note from the Visitation Chair

The District Governor has asked me to be the District visitation chair for the coming year. So with that in mind, I thought it might be very informative, entertaining and just plain interesting to hear about your visitations.

So, for the coming year if you would e-mail me your most funny, good-feeling and whatever else type of visitation you went on, I will see to it that a super select committee will review your story and each month at least one of these tremendous stories will appear in the District newsletter.

At the end of this year an even more select group will pick out the most "interesting-funny-great old time visitation" and a fabulous prize will be awarded to the winner(s).

Hope to hear from many of you soon.

PZC Mike O'Byrne
obyrne3@comcast.net

District 19C Environmental Project

Save the date: October 1, in the a.m.

We will be planting just over 400 trees as a district environmental project. The project will be at the same location in Puyallup where we worked two years ago. This is easy, fun and rewarding work. Watch for more details in coming bulletins and via email. Plan to attend and wear your grubbiest. Bring your club members and be sure to report your tree-planting in your LCI activity report!



**Dave Pratt, 19C
 Environmental Chair**

PROJECT NEW HOPE

National Guard Couples Retreat August 19-21

Cascades Camp, south of Yelm

The active duty soldiers have more resources than the National Guard troops, and the National Guard is very excited about this retreat.

Our goal is to reduce the incidents of suicide, domestic violence, divorce and homelessness, so we talk at length about communications, anger management, relationship issues, and many other things.

All of this takes place in a non-military, wilderness environment that hopefully lets people relax a little and open up and share about what's going on in their lives.

Visit our website to learn more and see photos and videos from the May couples retreat.

www.ProjectNewHopeWA.org

**We have three fundraisers coming up!
 Info and tickets online at our website.**

Project New Hope Golf Tournament Mon, Aug. 15, 11 am

Eagle Pride (Ft Lewis) Golf Course
 Per player \$100 / Team \$400

Project New Hope Day at the Ballpark Sunday, Sept. 4, 1:35 pm

Cheney Stadium
 Tacoma Rainiers vs. Fresno Grizzlies
 Tickets: \$15, including a ballpark meal

Wine Tasting - Medicine Creek Winery Saturday, Sept. 17, 6-10 pm

in Lacey - Nisqually Valley
 Tickets: \$25 for wine, food, auction & fun

If you have any questions, please contact Joel Graves at joelcgraves@gmail.com

UPDATES/CHANGES

The Federal Way Lions Club will NOT be having any meetings in September. For further information, call PZC Bob Darrigan, Secretary, at 253-874-4282 or 253-229-4148.

GOT NEWS? Send information for the newsletter to Editor Jacqueline Pratt at LionJ.Pratt@comcast.net

DEADLINE: 1st of the Month (but you don't have to wait until then!)



The Gift that Keeps on Giving

Jan Weatherly, District Camp Leo Chair

The off-again on-again weather could not dampen the spirits of 150 children with diabetes the week of July 17-23 at Panhandle 4-H Camp. The developing Camp Leo program serves 4 ages groups: Junior camp grades 3-5, Senior camp grades 6-8, Leaders in Training grade 9 and Counselors in Training grades 10-12. But the support to people living with this lifelong disease does not stop there. Counselors, Activity leaders, Medical staff, Camp Directors and Lion volunteers all receive the gift that keeps on giving from participating in this exhausting week of non-stop activity. For as we serve others, we are also served through the touching of hearts during those tender moments during the week.

Thank you, thank you, thank you to the 135 Lions from 22 clubs who helped to make this week possible through cooking food, setting tables, washing dishes, running activities, cleaning facilities, organizing the campout, running the "camp office", registering campers, developing pictures to send home with campers and fixing special diets. The endless list of ways Lions support Camp Leo truly speaks to the teamwork required to run a fun and safe camp. Camp Leo provides this District the opportunity to work shoulder to shoulder across clubs and zones, strengthening our Lions commitment to "We Serve".

Thank you, thank you, thank you for over \$36,000 raised by 59 clubs across the Multiple District. This funding provided the financial backbone to make camp available to all campers, with 63 full or partial scholarships provided. And now for the sugar-free icing on the cake: Through a connection made at the International Convention with MD-26 in Missouri, Camp Leo sent 260 pounds of leftover medical supplies to the Lions Ronald James Georgian Diabetes Children Camp! The children with type 1 diabetes in the country of Georgia (former Soviet Republic) served by International Lions teamwork ensured life over the alternative.

